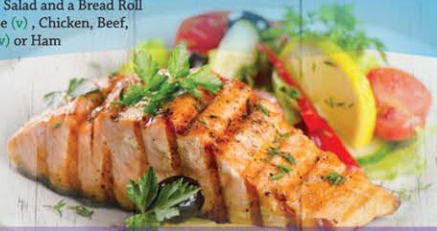


## FISH DISHES, VEGETARIAN & SALADS

<b>Fresh Lemon Sole &amp; Prawns</b> In a White Wine Sauce, served with Piped Mashed Potato & Vegetables	<b>£16.95</b>
<b>Linguine Pasta with Prawns &amp; Smoked Salmon</b> In a Dill and White Wine Cream Sauce	<b>£12.95</b>
<b>Fish &amp; Chips</b> Battered Fish with Chips, Mushy Peas and homemade Tartare Sauce	<b>£10.95</b>
<b>Scampi &amp; Chips</b> Breaded Scampi (12 pieces) with Chips, Mushy Peas and homemade Tartare Sauce	<b>£9.95</b>
<b>Grilled Salmon</b> With a choice of Lemon & Herb butter or Garlic Prawns Sauce	<b>£10.95</b>
<b>Calamari Rings</b> Served with Chips, Salad and Garlic Mayonnaise	<b>£10.95</b>
<b>Homemade Fishcakes</b> Served with Chips, Salad and Tartare Sauce	<b>£8.95</b>
<b>Potato &amp; Cheddar Cake (v)</b> Served with Salsa & mixed Salad	<b>£8.95</b>
<b>Spinach &amp; Ricotta cheese Cannelloni (v)</b> Served with Parmesan Cream Cheese Sauce, Salad & Garlic Bread	<b>£8.95</b>
<b>Prawns, Crayfish or Smoked Salmon Salad (or all 3)</b> Served on mixed Salad leaves with a choice of Lemon & Dill, Marie Rose or Garlic Mayonnaise Sauce	<b>£11.95</b>
<b>Salads</b> Served with a mixed Salad and a Bread Roll Tuna, Turkey, Cheese (v), Chicken, Beef, Mozzarella Cheese (v) or Ham	<b>£9.95</b>



### Afternoon Tea For Two - £25

**Includes**  
**Finger Sandwiches:**  
 Cheese & Cucumber on white bread  
 Ham & Tomato on white bread  
 Smoked Salmon & Cream Cheese on brown bread

**Petit Fours**  
**Scones**  
 with Clotted Cream & Strawberry Jam

**Your choice of Tea or Coffee**

*Add two glasses of prosecco for £8*



## DESSERTS - ALL £4.50

<b>Sticky Toffee Pudding</b> Served with Custard
<b>Hot Apple Pie</b> Served with Custard
<b>Fruits of the Forest Cheesecake</b>
<b>Homemade Profiteroles</b>
<b>Chocolate Brownie Ice Cream Sundae</b>
<b>Strawberry Ice Cream Sundae (gf)</b>

**Fresh Fruit Salad (gf)**  
Served with Pouring Cream

**Cheese & Biscuits**

**Dessert of the Day**  
Please ask for today's choice

## Tea & Coffee

**Freshly Ground Latte**  
**Cappuccino**  
**Americano**  
**Espresso**  
**Mochaccino**  
**Hot Chocolate**  
**Decaffeinated**

**Twining's Tea Menu**

**Everyday day**  
**Cranberry & Raspberry**  
**Pure Camomile**  
**Minted Infusion**  
**Decaffeinated**  
**RedBush**  
**Pure Green**  
**Lemon Green**  
**Earl Grey**



Our aim is to serve fresh home cooked food, with fast & friendly service. If you have any questions about the dishes on this menu your waiter will be happy to help you. Likewise if you have any special requests, our chef will be happy to accommodate, whenever possible.

Our Chefs prepare the dishes on this menu using British meats from trusted local butchers, our eggs are free Range. We only serve vegetables cooked from fresh rather than frozen.

Some dishes may contain nuts or traces of nuts, please ask if you have any concerns. All weights quoted are approximate & prior to cooking.

All the pictures on this menu are for illustration purposes and the actual item served may differ.

Tel: 01675 444890  
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The Lake at Barston Restaurant  
 Marsh House Farm Lane, Barston, Solihull, West Midlands, B92 0LB



the  
*Lake*  
 at barston

FOOD MENU