



2 *East Tilbury to Stanford-le-Hope*

3½ mile walk between East Tilbury and Stanford le Hope Station.

Some of the places of interest:

- Thurrock Thameside Nature Park
- Mucking Flats SSSI (part of Thames Estuary & Marshes SPA)
- Mucking Church

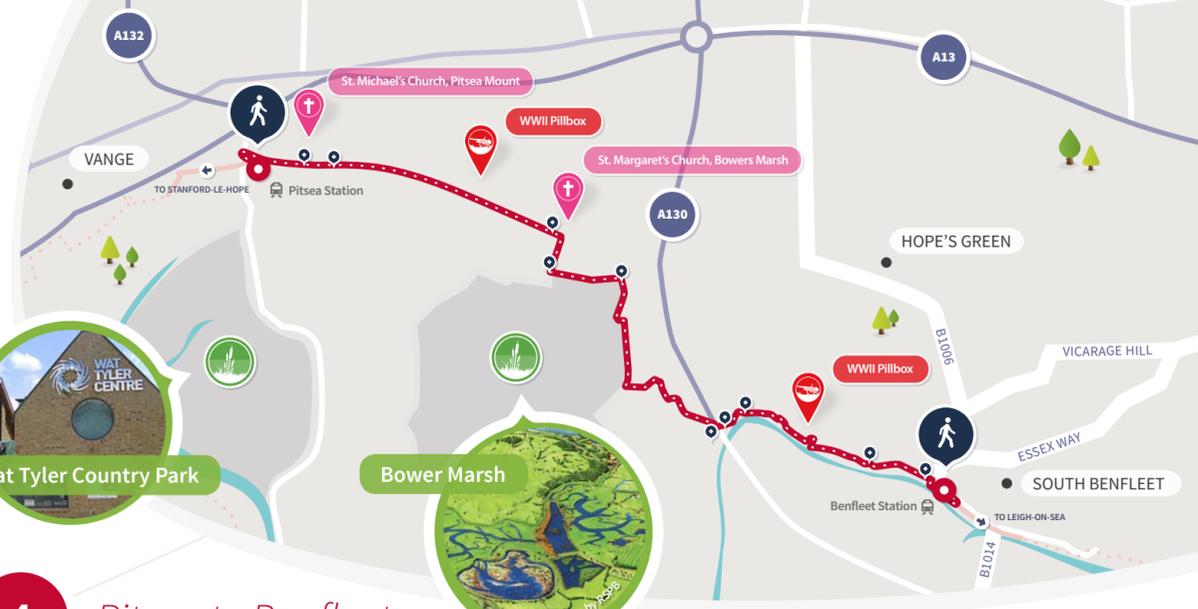


3 *Stanford-le-Hope to Pitsea*

10 mile walk between Stanford-le-Hope and Pitsea Station.

Some of the places of interest:

- Thurrock Thameside Nature Park
- London Gateway Port
- Stanford Warren Nature Reserve
- Corringham and Fobbing Marshes
- Corringham Village
- Vange Marshes
- Vange Wick
- Fobbing Village
- Wat Tyler Country Park



4 *Pitsea to Benfleet*

3 ½ mile walk between Pitsea and Benfleet Station.

Some of the places of interest:

- Pitsea Mount Church
- Wat Tyler Country Park
- RSPB Bowers Marsh
- Bowers Marsh Church
- Benfleet village and church
- World War II Pillboxes
- St Micheal's Church, Pitsea Mount
- St Margaret's Church, Bowers Marsh



5 *Benfleet to Leigh*

4 mile walk between Benfleet and Leigh Station.

Some of the places of interest:

- Benfleet village and church
- West Canvey Marshes
- Hadleigh Country Park
- Hadleigh Farm and Castle
- Hadleigh Olympic Mountain Bike Track
- Two Tree Island
- Leigh Village



1 *Tilbury to East Tilbury*

7 mile walk between Tilbury Town and East Tilbury Station.

Some of the places of interest:

- Tilbury cruise terminal
- Tilbury Fort
- Coalhouse Fort
- Tilbury Marshes
- Tilbury Power station
- West Tilbury Church and the site of QE1's speech to the English fleet
- WWII radar station and bunkers
- Bata Factory

