## **KIBON HYUNG STEP BY STEP 6**



Right middle punch. Left



Look over left shoulder. Right



Back step with right foot

onto same lines as left foot.

Fist pulled back to hip.



Pivot into Back Stance.

fist to left hip, covered by left fist



**Step forward & out into Front** 

Left Middle punch. Right

Right Middle bock.

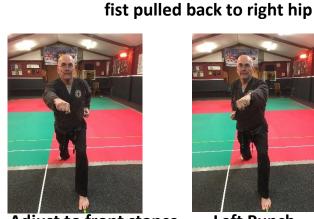


**Draw left foot to right. Pivot** 

towards front. Middle block

stance.

Step into back stance.



Adjust to front stance.



**Left Punch** 

**Right punch** 



Hands to right hip.

Right punch



Feet together. Breathing as at start.



N.B. It is important to only try to learn two or three moves at a time. Practise those hard, checking against these pictures. If possible, send us a video for commentary BEFORE trying to learn any more. If you find yourself "getting lost" then start again from the beginning a few steps at a time.