

Holistic Treatments

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| Ear Candling - 40mins | £20.00 |
| Reflexology - 1hr | £22.00 |
| Indian Head - 45mins | £22.00 |
| Reiki - lasts up to 1hr | £22.00 |
| Hot Stones Full Body | £55.00 |
| Back & Legs | £45.00 |

Hands

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| Manicure 1hr (exfoliate, cuticles trim, hand and half arm massage, file, nail care, polish and top coat) | £18.00 |
| French Finish | £20.50 |
| Deluxe Manicure 1hr 15m (As above for manicure, with added mask and heated mittens) | £22.00 |
| French Finish | £24.50 |
| Male Manicure | £15.00 |
| Add Paraffin Wax | £6.00 |
| Add Foot Detox to your manicure Add £12.00 to the cost for a Manicure/Pedicure For a Gel Overlay Finish | £8.00 |
| Gel Over Lays | £20.00 |
| Hands & Feet in Gel | £32.00 |
| File and Paint Hands | £12.00 |
| French Finish | £13.50 |

Feet

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| Pedicure 1hr (exfoliate, cuticles trim, foot and half leg massage, file, nail care, polish and top coat) | £19.00 |
| French Finish | £22.50 |
| Deluxe Pedicure 1hr 20m (As above for pedicure, with added mask and heated booties) | £24.00 |
| French Finish | £26.50 |
| Add Paraffin Wax | £6.00 |
| File & Paint Feet | £13.00 |
| French Finish | £14.50 |

Facials

Dermalogica (for all skin types and conditions).
All facials include Skin Mapping)

Microzone Treatment £27.00

This facial is ideal for people with busy schedules and on the go. It can fit around a lunch break or after work. 20-30 mins specialised treatment of 2 to 3 areas of concern.

Full Prescriptive Health Facial 1hr £37.00

Customised facial to suit your skin needs based on face mapping skin analysis.

Teenage Clear Skin Facials 20 - 30 mins £20.00

8 to 18 year olds

Specialist Facials

Diamond Peeling Dermabrasion

No Crystals used. Specialist diamond particle heads that aide in regeneration and rejuvenation of the outer layer of the skin. Improves the production of elasticity and collagen levels. **Up to 1 hr** £45.00

Non Surgical Face Lift

Specialist probes used to educate facial muscles to lift and tone.

Up to 1 hr £45.00

Course of 6/10 available £POA

Combination of Diamond Peeling £75.00

and Non Surgical Face Lift

Add Photorejuvenation to any Facial £8.00

Photorejuvenation

Colour Therapy for your skin £12.00

Blue - Anti-Bacterial good for Acne/Oil prone skin

Yellow - Helps ageing, lack luster skin. Helps the Lymphatic system, purify skin and helping blood flow

Green - Calming and balancing, suitable for Roseace and sensitive skin

Red - Promotes collagen and elasticity, also anti-cellulite treatment

Waxing

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|-----------------|--------|
| Full Leg | £22.00 |
| Half Legs | £13.50 |
| Bikini | £7.00 |
| Bikini/Full Leg | £24.50 |
| Under Arm | £7.00 |
| Upper Lip | £6.00 |
| Chin | £6.00 |
| Eyebrow | £6.50 |
| Male Waxing | £POA |

Eye Treatments

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|------------------------|--------|
| Eye lash Tint | £9.00 |
| Eyebrow Tint | £7.00 |
| Eye lash & Brow Tint | £14.00 |
| Eyebrow Reshape | £8.00 |
| Threading | £POA |
| Advanced Eyebrows | £22.00 |
| EBW, ELT & EBT Package | £20.00 |

Massage Therapy

Besides feeling good and being a pleasurable experience, massage can increase the body's awareness and sensitivity; reduce stress, tension and anxiety levels. Massage can calm the nervous system, improve posture and muscle tone.

Full Body Massage 1hr (including scalp massage) £30.00

Top to toe relaxation. Alternatively one hour massage on any part of the body required.

40 min massage £22.00

1/2 hr Massage £18.00

Advanced Massage 90 mins £45.00

Full body massage which works deeper into the muscle e.g. sore backs, shoulder problems.

Body Treatments

Suitable for both men and women.

Indulgent Back 1hr £33.00

Body Brush, Exfoliation on the back and back of legs, hot towel removal and relaxing massage.

Add a mini facial (15 mins) £10.00