

Counterbalance Reach & Container Handling Trucks

Duration:	Novice Operator	-	5 Days
	Experienced Operator	-	3 Days
	Refresh & Test	-	1 Day

Ratio: 1 Lift Truck: 3 Candidates: 1 Instructor

1. AIM

To provide the theoretical and practical knowledge to safely operate a Truck.

2. ELEMENTS

The course will comprise of theoretical and practical instruction covering the following:-

- 2.1 Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98.
- 2.2 Operators safety code
- 2.3 Battery maintenance, charging and refuelling procedures
- 2.4 Pre-use checks
- 2.5 Factors affecting stability
- 2.6 Motive controls
- 2.7 Hydraulic controls
- 2.8 Manoeuvring in open and confined areas.
- 2.9 Stacking at different levels.
- 2.10 Destecking with laden and unladen pallets
- 2.11 Lorry loading and unloading

3. KNOWLEDGE

On completion of training candidates will have a theoretical understanding of the following:-

- 3.1 Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98.
- 3.2 Operators safety code
- 3.3 Battery maintenance, charging and refuelling procedures
- 3.4 Pre-use checks
- 3.5 Factors affecting stability
- 3.6 Stacking and de-stacking in open and confined areas
- 3.7 Lorry loading and unloading

4. SKILL

On completion of training the candidate will be able to:-

- 4.1 Drive and operate the lift truck safely and efficiently
- 4.2 Stack and de-stack at various levels in a safe and competent manner
- 4.3 Carry out pre-use checks to ensure the equipment is in a safe condition
- 4.4 Carry out battery maintenance, charging and refuelling procedures
- 4.5 Load and unload vehicles