

Local Domestic Abuse Contacts

DERBYSHIRE

[Crossroads Derbyshire \(Harmony Project\) \(High Peak, Derbyshire\)](#)

[Derbyshire WISH \(Derbyshire\)](#)

[Hadhari Nari Advice Centre \(Derby City\)](#)

[Refuge - Derby \(Derby City\)](#)

[Derbyshire IDVA Service \(Multiple Areas\)](#)

[Elm Foundation \(Derbyshire\)The No Woman Turned Away Project \(Multiple Areas\)](#)

LEICESTERSHIRE

[Bridge House - Leicester \(Leicestershire\)](#)

[Panahgar - Leicester, Leicestershire and Rutland \(Multiple Areas\)](#)

[Women's Aid Leicestershire Ltd \(Multiple Areas\)](#)

LINCOLNSHIRE

[Boston Women's Aid \(SoLDAS\) \(Lincolnshire\)](#)

[EDAN Lincs \(East Midlands\) \(Lincolnshire\)](#)

[EDAN Lincs \(Gainsborough\) \(Lincolnshire\)](#)

[EDAN Lincs \(Lincoln\) \(Lincolnshire\)](#)

[Lincolnshire Rape Crisis \(Lincolnshire\)](#)

[Victim Support - East Midlands Children's ISVA Service \(Lincolnshire\)](#)

NOTTINGHAMSHIRE

[Amber House \(Nottingham\)](#)

[Broxtowe Women's Project Ltd \(Broxtowe, Nottinghamshire\)](#)

[Juno Women's Aid - Serenity Refuge \(Nottinghamshire\)](#)

[Juno Women's Aid - Zola BMER Refuge \(Nottingham\)](#)

[Midlands Women's Aid \(Nottinghamshire\)](#)

[Newark Women's Aid \(Nottinghamshire\)](#)

[NIDAS \(Nottinghamshire\)](#)

[Nottingham Central Women's Aid \(Nottingham\)](#)

[Nottinghamshire Women's Aid Ltd \(Nottinghamshire\)Umuada Refuge \(Nottingham\)](#)

[VA Housing Provider \(Jericho Refuge\) \(Nottinghamshire\)](#)

MULTIPLE AREAS

[Juno Women's Aid \(Multiple Areas\)](#)

[Karma Nirvana \(Multiple Areas\)](#)

[Living Without Abuse \(Multiple Areas\)](#)

[National Domestic Abuse Helpline \(Multiple Areas\)](#)

[National LGBT Domestic Violence Helpline \(Multiple Areas\)](#)

[Opoka - National Helpline in Polish Language \(Multiple Areas\)](#)

[Safe Partnership \(Multiple Areas\)](#)

[SignHealth Deaf Domestic Abuse Service - Remote Support \(Multiple Areas\)](#)

[Unseen's Modern Slavery and Exploitation Helpline \(Multiple Areas\)](#)

[The Salvation Army Modern Slavery Adult Victim Care Service \(Multiple Areas\)](#)

[Women's Aid Live Chat \(Multiple Areas\)](#)

National Domestic Abuse Contacts and Resources

Action for Children

Helping children across the UK to grow up safe and happy. For campaigns and articles, enter the search term 'Domestic Abuse'.

www.actionforchildren.org.uk

Age UK advice line: 0800 678 1602

www.ageuk.org.uk

Forced Marriage Unit helpline: 020 7008 0151

A joint Foreign, Commonwealth and Development Office (FCDO) and Home Office unit,

which leads on the Government's forced marriage policy and supports British nationals in the UK and overseas.

www.gov.uk/guidance/forced-marriage

Galop National LGBT+ domestic abuse helpline: 0800 999 5428

www.galop.org.uk

Hourglass (formerly Action on Elder Abuse) helpline: 0808 808 8141

Ending the harm, abuse and exploitation of older people in the UK.

www.wearehourglass

Karma Nirvana helpline: 0800 5999 247

Support for victims of honour-based abuse and forced marriage. Skype calling and contact form available.

www.karmanirvana.org.uk

ManKind Initiative: 01823 334244

Support for male victims of domestic abuse across the UK, their friends, family, neighbours, colleagues and employers.

www.mankind.org.uk

Men's Advice Line: 0808 8010327

UK-wide helpline for male victims of domestic abuse.

www.mensadvice.org.uk

National Domestic Abuse helpline: 0808 2000 247

Supporting women

www.refuge.org.uk

Rape Crisis (England and Wales) helpline: 0808 802 9999

Live chat, text-based service.

www.rapecrisis.org.uk/get-help/live-chat-helpline

Respect helpline: 0808 802 4040

For anyone concerned they may be harming someone else.

www.respect.uk.net

Restored

Equipping the Church to support survivors, advocate on their behalf and engage men in the conversation.

www.restored-uk.org

Safe Lives

Dedicated to ending domestic abuse. Offering training and resources.

www.safelives.org.uk

The Survivors Trust helpline: 08088 010818

Umbrella agency for specialist rape and sexual abuse services in the UK.

www.thesurvivorstrust.org

Survivors UK

Support for men experiencing rape and sexual abuse, and for their friends and family.

www.survivorsuk.org/ways-we-can-help/online-helpline

Victim Support: 0808 1689 111

Offers free, confidential support for people affected by crime or traumatic events in England and Wales.

www.victimsupport.org.uk

White Ribbon:

Men working to end violence against women.

www.whiteribbon.org.uk

Women's Aid Live Chat

Providing services in England to protect women and children, as well as shaping and coordinating responses to domestic abuse.

www.womensaid.org.uk/information-support

Alcohol and Drugs Support

Alcohol Concern: their website contains a wide range of information about alcohol, and a number of Factsheets which can be downloaded free (including

one on domestic violence written by Sarah Galvani of the University of Birmingham.) www.alcoholconcern.org.uk

Drinkline 0800 917 8282 24 hours including bank holidays .

Information for people with alcohol problems or anyone concerned about alcohol misuse.

Drugscope: their website has information and research on drugs and includes a directory of drug treatment services.

www.drugscope.org.uk

Frank (formerly the National Drugs Helpline) **0800 776600**; textphone **0800 917 8765**; email: frank@talktofrank.com

Offers information, support and counselling to drug users and their families, partners, friends and children, and will give local referrals where appropriate.

Website: www.talktofrank.com

Release: Legal helpline providing confidential information to drug users, their

families, friends, professionals. Telephone: **0845 450 0215**

Website: www.release.org.uk; email ask@release.org.uk